

SERMON NOTES **AUGUST 23RD, 2009**

2009 Summer Series - The Fruit of the Spirit

“Gentleness”

Ken Fast

I. What is gentleness? (Proverbs 15:1)

II. How do I get it?

“A tale of two gardens...”

1. Spiritual disciplines

2. Draw near to Jesus (John 14:25-26, 16:12-14, Matthew 11:28-29)

3. Yield (Galatians 5:16, 25)

III. Personal application